

NORTHWEST DENTAL CENTRE

Care of your mouth after your Crown or Bridge preparation

- 1) Following your preparation appointment for your crown and/or bridge it will be necessary to have a temporary tooth/teeth placed until the final or permanent restoration is fabricated (usually taking approximately 14 days). Temporary or provisional crowns are a universal size and shape and in your front teeth will serve a cosmetic function as well.
- 2) While wearing your temporary crown we advise that you avoid chewing anything hard or sticky, as doing so could either pull the temporary crown off, or break it. It is important to note that the temporary crown is placed with weak cement so it will be easy for us to remove it prior to placement of the permanent crown. Bottom line, these temporary crowns come off easily.
- 3) Your gum tissues will be irritated from the procedure and the less smooth texture of the temporary crown material. It is therefore recommended that you do daily salt water rinses (1/2 tsp salt in a glass of warm water) until we can cement the final crown in place. (Please continue the rinses until the tissues have returned to normal health).
- 4) Sensitivity to hot or cold is normal after the crown preparation but should not continue past the first few days, nor should it get worse. If you experience extreme pain that progressively gets worse and aches, an Extra strength Ibuprofen or Advil is the pain reliever of choice for dental pain. It is important to notify our staff promptly as the nerve in the tooth may be irritated.
- 5) After your permanent crown has been placed it may take you some time to adjust to it. If your bite does not feel right please contact the office for an adjustment.
- 6) Proper brushing and flossing is recommended to help you retain your final restoration.

If you have any questions or concerns, experience any unusual symptoms, or anything that you feel is out of the ordinary, remember that we are only a phone call away at: (403)282-7933. We are here six days a week, Monday through Saturday to serve you.